

Back-to-School SUMMER STUDY SKILLS COURSE for High-School Students



Our **90-minute Summer Study Skills Course** uses materials from high-school Biology, History and English textbooks to show you how to break down, memorize and retain a large amount of complex information... *quickly*. We teach you stress, time, and sleep management and strategies for planning, organization and prioritization. The course includes practice on our famous Shoebox and Toothbrush techniques and an ending assessment during which we test you on the skills learned.

- ✓ Manage your time, sleep and stress
 - ✓ Organize your life
 - ✓ Memorize large amounts of information
 - ✓ Soak in your Summer Reading
 - ✓ Small Groups of 1-3 students
 - ✓ **1.5 hr classes at 10 a.m., 1 p.m., and 5 p.m., Tuesday - Thursday from August 11 to 26.**
- Contact us now to reserve a spot!**



Marks Counseling Associates, LLC
Helping you chart your educational course

www.mcatutoring.com (301) 907 7605